

## The Kidney Foundation of Central Pennsylvania

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### MISSION

To educate the community we serve about chronic kidney disease; to provide services and support to people whose lives are impacted by kidney disease; and to advocate for more living organ donations in order to reduce the wait for a life-saving kidney transplant.

### OUR VALUES

In all our relationships with patients and their support team and partnerships with other agencies, the KFCP is driven by the principles of Integrity, Stewardship, Community, Collaboration, and Compassion.

### OUR VISION

*To enhance the lives of everyone impacted by chronic kidney disease.*

Dear Friend of KFCP -

As we come to the close of the summer season and begin to gear up for many fall time activities, The Kidney Foundation of Central Pennsylvania (KFCP) would like to **THANK YOU** for your ongoing support serving those battling chronic kidney disease. It is because of you that we are moving KFCP forward and we are fulfilling our mission. Now, we would like to invite you to take a journey with us. It is our hope that you will become as excited and enthusiastic as we are to join in the fight against kidney disease. The statement that **'Knowledge is Power'** is a true and profound one. Through education, prevention and early detection, lives can be saved. It is never too late to care about your health. There are times when chronic conditions take a tremendous toll on individuals both physically and mentally. Although this chronic process may have begun, making good choices can still result in a quality life. You may ask, "What can I do?" One of the most important things that you can do for yourself and those you love is to arm yourself with knowledge!

We invite you to join us in our mission-driven journey by becoming a **FRIEND of KFCP**. This will benefit you as well as your loved ones. If you are a kidney patient, health advocate, health professional, or just care about people, and would like to give back or remain involved with KFCP, sign up for our newsletter and updates by going to our website, or please call us in the office for more information and details: (717) 652-8123. We look forward to working with and being of service to you!

Enjoy a safe and healthy fall season,

Joan Line, MPA, Executive Director

### 2016 Award for Clinical Excellence

The Kidney Foundation of Central Pennsylvania presented the Founder's "ACE" - Award for Clinical Excellence to Kristy Washinger, CRNP with Nephrology Associates of Camp Hill at the annual Update on Chronic Kidney Disease Symposium held recently at the Hotel Hershey. Kristy is dedicated to serving those impacted by kidney disease.



#### Pictured from left to right:

Dr. Larry Carroll, MD, FASN, FNKF Board President of KFCP;  
Kristy Washinger, ACE recipient; and  
Tabitha Semancik, MSW, LSW, KFCP Program Coordinator



## Thank You for Caring, Hoping, Healing

**YOU** made “Camp Kydnie Is Magical” a memorable week! **YOUR** generosity made it possible for our Kydnie Kids to experience outdoor fun, engage in team building activities, express their creativity, develop independence and grow in confidence.

**THANK YOU** for your investment in the Kidney Foundation of Central PA. Together we are making a difference by improving the health of children in our community and building healthier future generations.

### Keys to Camp—An Ongoing Project

With the help of all our supporters we received **292 pounds** of keys to help cover the costs of Camp Kydnie! **Thank You** to everyone for helping with this ongoing project. Keep gathering those unused keys and let us know if you need help getting the keys to the KFCP office. If you need a collection canister for a new site—let us know!



Fresenius Kidney Care partnered with KFCP for a night out at the Harrisburg Senator’s ballpark. Pictured below right: KFCP President Dr. Carroll on the field informing the fans of the importance of taking care of your kidneys and how KFCP can help!

Pictured below left: Pre-game fun with Brian Jeroloman, Senators Catcher.



**Thank You** to everyone who joined us for this community outreach event!



#### Patient & Family Partner Program Training

For more Information—Contact  
Tabitha Semancik, MSW, LSW  
717-652-8123  
tabitha@kfc.org

#### 9th Annual Kidney Classic Golf Tournament

Monday, September 19, 2016  
West Shore Country Club  
Camp Hill, PA  
Individual & Foursomes still  
available—**GIVE US A CALL**

#### Extraordinary Give ExtraGive.org

November 18, 2016  
From midnight to 11:59 P.M.

#### 25th Elegant Progressions Celebration

“A Sterling Evening”  
December 2 & 3, 2016

Check all events out on our  
website

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**Patient Family Celebration Day Enjoyed by All....**

Each spring KFCP holds an annual Patient and Family Celebration Day. This year, because of our generous sponsors we were able to hold two events, one in Harrisburg and Lancaster – and over 300 attended. It was a great turnout! We enjoyed “Did You Know” BINGO, an educational session related to the Patient & Family Partner Program (PFPP), and a great luncheon. Thank you, again, to our sponsors for making it possible for us to hold this great patient-driven event!

**THANK YOU to all our generous HIGHMARK WALK for a HEALTHY COMMUNITY sponsors, teams, and walkers for making this year a huge success!**

Team Nana (pictured at right), one of many teams, braved the rainy morning to walk for KFCP. The incredible Irene Mills (a.k.a. Nana, in the white jacket in the front row) received a kidney transplant in 2011. She raises awareness and funds for the KFCP in honor of her donor, her HERO, Chad Herman. Her team grows larger every year, and is made up of her family, friends, neighbors, and the family of her donor. We appreciate their continued support and **ALL** our KFCP team walkers for helping us to reach our goal. All proceeds from this event help underwrite our Patient Services and Programs.



**Patient Family Partner Program 2016 Spring Graduating Class**



The Patient & Family Partner Program recently graduated eight new certified partners from the Harrisburg area. The certified partners, pictured on the left, endured 16 hours of stimulating training conducted by several different renal technical experts over the course of eight weeks. We can't thank these committed volunteers enough for donating their time, skills, and energy to helping others as they deal with chronic kidney disease.



1500 Paxton Street, Suite 101  
 Harrisburg, PA 17104

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## Donate Today!

*Every dollar we raise here stays here to help those impacted by kidney disease.*

More than 20% of Pennsylvanians with kidney failure live in the region that KFCP serves. With early detection and treatment, the progression of kidney disease can be delayed or even prevented.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

This gift in the amount of \$ \_\_\_\_\_ is:     To be directed toward the \_\_\_\_\_ Fund

In Memory of: \_\_\_\_\_

In Honor of: \_\_\_\_\_

Would you like us to send an acknowledgement of this gift to someone?     No     Yes

Name \_\_\_\_\_

Address: \_\_\_\_\_

### Ways to Give

**Checks:** Please make checks payable to KFCP and mail to KFCP, 1500 Paxton St., Suite 101, Harrisburg, PA 17104

**Online:** Make a secure online credit card donation at [www.kfcp.org](http://www.kfcp.org), or provide your information below.

Card type: \_\_\_\_\_ Account # \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

### Leave a Legacy

Gifts made through wills, charitable remainder trusts and other planned giving options help to ensure that our philanthropic goals and the needs of the KFCP will be met for years to come.

**Thank you for your tax-deductible donation! We appreciate your support.**